

Focus

Newsletter of Zion Lutheran Church, Shawano, WI

March 2021

HOLY WEEK

~ All Services Held in the Sanctuary ~

Palm Sunday
SUNDAY, MARCH 28 8:00 & 10:30 AM

Maundy Thursday
THURSDAY, APRIL 1 6:00 PM

Good Friday
FRIDAY, APRIL 2 7:00 PM

Easter Sunday
SUNDAY, APRIL 4
SUNRISE SERVICE 6:00 AM
8:00 AM (Recorded)
& 10:30 AM



Use your computer, smart phone,
tablet or television to



**WORSHIP
WITH US
ONLINE**

Go to our website: www.shawanozion.org
Click on the service date—that takes you to
our YouTube site!

You can also download the bulletin!

Or search for Zion Lutheran Church,
Shawano WI on



*On a rare occasion we have internet issues
and will need to upload to YouTube after the
service is completed.*

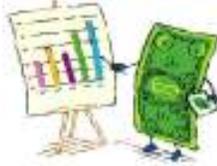
Wednesday 6:00pm
Lenten Services
held
thru March 24
lead by
Scott Glysch
and
Nancy Schultz.

Wednesday
Lenten services
are
in-person worship
and are
live-streamed
on YouTube.



Financial Stewardship Update

2021 General Fund through January.



2021 Annual Budget	\$379,631
General Fund as of Jan. 1	\$14,080
YTD Total Revenue	22,626
YTD Total Expenses	(28,770)
General Fund as of Jan. 31	\$ 7,936

January was a down month for our General Fund. As you can see expenses outweighed our revenue. We did maintain a positive balance in our accounts.

Thank you Zion members for your support!



Book Club's Current Read...

◆ March 10 book:
Eleven Miles to Oshkosh
by Jim Guhl.

Club meets the second Wednesday of each month in the commons at 3:30 p.m. Anyone interested in reading and discussing the books, please join us! Questions? Suggestions? Contact Joni Shebuski 715-526-6453 or Sharon Erickson 715-524-4280.



The stage is set to welcome campers and families back to Crossways Camps this summer!

We can't wait to feel the refreshing chill of the lake, see the stunning colors of the sunsets, hear the excitement of the newest gaga ball champion and build community in faith, which is what we do best. We offer Youth Programming for completed Grades 1-12 at each of our three sites (Imago Dei Village, Pine Lake Camp, Waypost Camp) throughout the summer and Family Programs at each site as well.

Family programs with Crossways provide memory-making quality time in a faith environment. Come, experience camp amongst generations where talking about Jesus happens alongside a kick-ball game or time at the lake. You will enjoy the neighborhood feel of Family Camp, or the special culture of GrandparentKid Camp. With Piece Together camp, we offer connection for families with children on the Autism spectrum.

Visit CrosswaysCamps.org!



Happy Birthday



Ralph Horsens... 70 on March 4
314 Wallrich Rd., Cecil 54111

Betty Heling... 80 on March 13
1710 Estates Lane, Apt. 11, Shawano

Kraig Rosenow... 50 on March 31
N3314 Wisconsin Ave., Shawano

Happy birthday to 65 others in March!

The Parish Records

Removal Requests:

- † Alex Schill
- † Josh Schill



First Communion Class
will be offered soon!
Date & time
to be determined!

If anyone is in need of assistance in getting appointments for the COVID vaccine,

HMC members are willing to help out. Call 715-526-2017 Parish Nurse



God's Work, Our Hands

Health Ministry Committee
will meet via ZOOM and in Room 101
on Monday, April 12 at 12:00 pm.
New members are always welcome!



CSOS Thank you! CS OS

Dear Zion,

Thank you for all the prayers, phone calls, and card for Al Teetzen. It was appreciated and very comforting. Especially thanks to Marah Nelson for all the support she has given the whole family!

Thank you to Pastor for visiting Al in the hospital and the beautiful funeral service. It was such a comfort to all of us.

~ Family of Al Teetzen

Memorial Gifts Feb. 1—28, 2021

Special gifts “in honor of” or “in memory of” to:

Endowment Fund

By: Lorin & Winnie Preston
In memory of Barb Schmidt

General Fund

By: Shirley Cornelius
In memory of Gerald Cornelius

Health Ministry Fund

By: Diane Rugalski
In memory of Sharon Erickson’ brother

Music Fund

By: Mila Waukechon
In memory of Jill Sousek’s grand-
mother, Janice Schultz

In Memory of Al Teetzen:

- **General Fund**
by Gordon & Nadine Barkow
Marlyn, Terri, Tim, & Tom Teetzen
Randy & Tammy Burr, Georgia Page
Dennis & Frances Johnsen
Bill & LuAnn Stern, Elaine Knope
Jeff & Deb Teetzen, Ruth Korth
Christopher & Lynn Walker
Ralph & Jacki Horsens
- **Church in Society Fund:** Wee Care
by Dejon Polzin

In Memory of Debra Ludford’s mother, Nancy Davidson:

- **Education Fund**
by Doug & Christie Wegner
- **Church in Society Fund:** Wee Care
by Ted & Mary Ann Rudie
- **Youth Fund:**
by Lorin & Winnie Preston
Mike & Dorothy Eidahl

In Memory of Carey Grieves father, Robert Bubolz:

- **Church in Society Fund:** Wee Care
by Ted & Mary Ann Rudie
- **Youth Fund:**
by Mike & Dorothy Eidahl
Nancy & Dennis Schultz



Our Cupboard is bare! Fill the Cupboard



Church in Society is asking the congregation to support SAFPARC and “fill the cupboard.”

The cupboard is located in the Commons.

Pork & beans, kidney beans, tuna, cereal, tomato sauce, mac ’n cheese, hearty soups, and peanut butter.

Please bring a non-perishable food item to help feed God’s people!

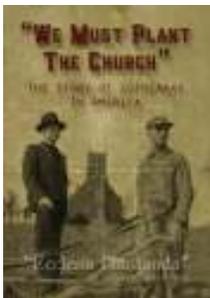
**Hearing Impaired
Equipment
available**

at worship services.



Visit Zion’s Library!

New DVD.... “We Must Plant the Church” *The Story of Lutherans in America* This series on the history of Lutherans in America transports learners through four centuries of the planting of the Lutheran church in the new land. Henry Muhlenberg provides the title for this series. This story is characterized by the tension between honoring the European roots of the church and adapting to the new realities of American life. The Lutheran church, from its earliest days, faced religious pluralism, intolerance, lack of state support and diversity of languages and traditions. It wasn’t easy then, and it isn’t easy now. But understanding American Lutheran history can change the way we see ourselves and our future.



- Session One: On New Soil: The Colonial Lutherans (21:19)
- Session Two: In times of Trial: Arriving in Waves (22:02)
- Session Three: To Meet Human Need: Building Institutions (20:44)
- Session Four: Working Together: Lutherans Uniting (20:22)
- Session Five: In Modern Times: Becoming an American Church (25:23)
- Bonus Session Six: The Future of the Lutheran Church (8:49)

This series features some of the most respected experts on Lutheran history: Kit Kleinhans, Mark Granquist, Maria Erling, Richard Stewart, Mark Hanson, Martin Marty, Gordon Straw, DeAne Lagerquist, David Preus and Vivian Jenkins Nelsen.



Open during business hours weekdays and Sunday mornings.

From Your Parish Nurse...

2021 March is National Nutrition Month

National Nutrition Month is an annual nutrition education and information campaign created by the Academy of Nutrition and Dietetics. The campaign, celebrated each year during the month of March. The focus is the importance of making informed food choices and developing sound eating and physical activity habits.

National Nutrition Month shares weekly key messages. Week one is about eating a variety of nutritious foods every day. Include healthful foods from all food groups and hydrate healthfully. Learn how to read Nutrition facts panel, avoid distractions while eating and take time to enjoy your food.

Week Two is plan your meals each week. Use a grocery list to shop for healthful foods. Be menu-savvy when dining out. Choose healthful recipes to make during the week. Enjoy healthful eating at school and at work and while traveling.

Week Three is learn skills to create tasty meals. Keep healthful ingredients on hand and practice proper home food safety. Share meals together as a family when possible and reduce food waste. Try new flavors and foods.

Week Four is consult a Registered Dietitian Nutritionist. You can ask your doctor for a referral to an RDN. You will receive personalized nutrition advice to help you meet your goals. Meet RDNs in a variety of settings throughout the community. Find an RDN who is specialized to serve your unique needs and thrive

through the transformative power of food and nutrition. For more information on National Nutrition Month visit <https://www.eatright.org/food/resources/national-nutrition-month>.

Aiming for good nutrition is a continuous journey, we all start somewhere and March is a perfect time to kick start healthier habits. More ideas how to get started are Swap Smartly- Swap out one refined, low-fiber, staple starch that you eat frequently. Prepare satisfying snacks in advance. Filling your pantry and fridge with healthy snacks, pre-portioned and ready to go can help you avoid impulse purchasing of fast food. Eat Mostly Plants- Incorporating more vegetables, fruits, legumes, nuts or seeds into your diet at snacks and meals can enhance hydration and midday slumps. Eat frequently throughout the day. Skipping meals or under fueling during the day can lead to excessive hunger, cravings, and binge eating later in the evening, leaving you feeling more sluggish and your metabolism out of whack. Keep it simple- When shopping for packaged products, look to the ingredient list first. Pick products that list easily recognizable, whole food ingredients. For more good tips on eating healthy and making better choices go to <https://88acres.com/blogs/news/national-nutrition-month>.

1 Corinthians 10:31 So whether you eat or drink, or whatever you do, do it all for the glory of God.

~ Jennifer Greiert, Parish Nurse



If you have ever felt the power of prayer in your life, then you know what a difference it can make. That's why Zion's prayer chain is such an important part of our congregation's ministry!

The prayer chain is made up of people in our congregation who simply pray for others as the need arises. Anyone who needs prayer for a specific reason such as a health issue, upcoming surgery, etc. can request prayer for themselves or others. The recipient does not have to be a member of Zion.

The leader calls the first person on the list and shares the name of the person needing prayer and the reason for the request. That person calls the next one on the list and so on until everyone on the list has been notified. Then the praying begins! There are no meetings to attend. Prayer chain members just make one phone call and then pray.

Both ladies and gentlemen are welcome to join the group, and now is a good time!

If you would like to become a prayer chain member, please call: Eileen Elertson at 715-526-3500 or Winnie Preston at 715-851-9576



Blood Pressure Checks!



Due to COVID there has not been the monthly Blood Pressure Clinics on weekends. However, if you would like to have your blood pressure checked please call Jennifer at 715-526-2017 to make an appointment or email nurse@shawanozion.org.



Parish Nurse Office Hours

Mondays, Tuesdays, and Wednesdays
8:00 a.m.—4:00 p.m.

Easter Flowers

A memorial garden of spring plants will decorate the altar on Easter Sunday.

To memorialize or to honor someone with a plant, please fill out an order form, attach your check made out to Zion Lutheran Church, then drop it in the offering plate or drop it off at the church office.

Order deadline: Monday, March 22.



\$18 – Easter Lily
\$18 – Kalanchoe
\$18 – Mum

You may also donate money to purchase green plants in memory of/in honor of someone!

Order blanks available online and on the literature stand just outside the office door.



Zion Lutheran Church
1254 S. Union St., Shawano WI 54166-3461

Rev. Scott Ludford, Senior Pastor
Debbie Bernard, Administrative Assistant
Jill Sousek, Organist and Music Director
Jennifer Greiert, Parish Nurse

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E-mail address:

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Debbie / Office zion@shawanozion.org

Jennifer Greiert..... nurse@shawanozion.org



To connect with our youth visit
[www.facebook.com/
ZionYouthShawano](http://www.facebook.com/ZionYouthShawano)



**Office Closed
Good Friday, April 2
& Easter Monday, April 5**



**God's Work,
Our Hands**

The Health Ministry Committee is so thankful and incredibly grateful to Jeri Montour and Michael Sleeper and all of the people that came to donate blood on February 22 here at Zion Lutheran Church. The Community Blood Center of Appleton came with the Blood Mobile and their professional staff and the goal was met. This is really wonderful and will make a true difference to those relying on life-saving blood transfusions. **Thank You!**